

CRITICS' CHOICE



GOOD COOKING Rick Stein's Secret France, 9pm, BBC2

RICK Stein meets the most extraordinarily

garrulous chef high up in the hills near the French border with the Catalan region of Spain. Antoine Delmas is a former antiques dealer who, aged 50, gave up his business to pursue his love of food. He opened a very cheerful, happy-go-lucky restaurant in the middle of nowhere, with no menus - meals depend on what's fresh from local producers that day. As Stein (pictured) is chatting to Antoine, a fish merchant turns up with langoustines and monkfish and the chef sets to work. He's quite the character, though the cooking isn't carefree and he makes the most amazing fish stock and fish rice. Stein thinks it's better than paella, but Antoine says this is not a compliment - Stein is simply stating a fact. Elsewhere, Stein eats a gigantic chunk of pork for lunch and visits a Benedictine monastery for its cheese.

FAMILY TENSION Gold Diggers, 9pm, BBC1

IT'S an interminable, grim Christmas Day at the chic Devon love nest of Julia and her beloved Benjamin, though they've still found time to decorate the place beautifully. However, her horrible children turn up to spend the day with mum, only for her to drop a festive bomb - she and Ben are getting married. This was after last week's cliff-top murder attempt/proposal, so everything is happening just a bit too quickly for the brood, who play strained games of Monopoly and neglect a beautifully cooked ham to berate their mother for her taste in men. And it's not long before her angry, controlling ex-husband makes his toxic contribution. Not a very happy Christmas all round in this drama series.

SHOCKING DOCUMENTARY The Family Secret, 9pm, Ch4

CHALLENGING documentary about sexual

abuse within a family that has been kept secret for 25 years. The film features access to all members of the family, and documents a meeting between the perpetrator and the victim.

PRISON DRAMA Orange Is The New Black, 10.30pm, TG4

LOLLY and Judy come down with an extreme case of paranoia which threatens to make a tense situation even worse. Meanwhile, Red sticks to a Russian tradition and realises that the newly returned Nicky is still taking drugs.

MUSIC ON SHOW Other Voices - Berlin Special, 10.35pm, RTE2

TO mark President Michael D. Higgins's state visit to Germany in July, Other Voices curated a concert in Berlin. Here's a chance to see the highlights, including music from Lisa Hannigan (pictured) and Dermot Kennedy.

